

NUTRITION

In August, 2004, the Chapel Hill-Carrboro City Schools adopted a nutrition policy. The intent of the policy is to create a nutritional environment in our schools that supports academic achievement for all students. During 2004-2005 there will be changes made across the school community. Teachers, parents, and students are all being asked to examine how we use food – as rewards or incentives, classroom celebrations, fund-raisers – and to consider new, healthier ways of doing business. Beginning August 2005, there will be a new Child Nutrition Services contract providing healthier food options in our cafeterias.

CHCCS Nutrition Policy 6215
Nutrition Policy regulation

On this web page you will find articles about nutrition, creating a healthier school environment, and websites of interest on nutrition. The articles and websites will be ever-changing so please come back again.

Healthy School Nutritional Environment

- What's Up with the Child Nutrition Policy
- Healthy Meals For a Busy Family

Nutrition Education

Informational links

CHCCS Child Nutrition Program www.chccs.k12.nc.us

USDA: www.fns.usda.gov/cnd

Team Nutrition: www.fns.usda.gov/tn

Sodexo: www.mindbodysoul.com

Websites for teachers:

www.fns.usda.gov/tn/Educators/index.htm

www.dole5aday.com

Websites for kids:

www.bam.gov/he

www.fns.usda.gov/tn/Students/index.htm

www.4girls.gov/index.htm

Websites for parents:

www.fns.usda.gov/tn/Students/Fun/Readers/index.htm

www.nal.usda.gov/childcare/recipes/index.htm

www.fns.usda.gov/cnd/lunch/AboutLunch/NSLPFactSheet.htm